

TALBOT COUNTY
RETIRED



SCHOOL PERSONNEL
ASSOCIATION

The Little Red Schoolhouse

President's Message:

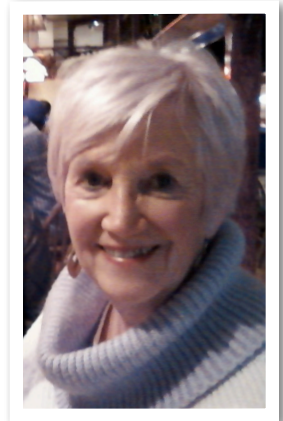
We all are in this together !! You must know what I mean. We are all going to be fried, frayed, frittered and it is only November. **IT IS HOLIDAY TIME.** Like it or not, we are a part of this phenomenon. As retirees (older folks without much money to throw around), this holiday time can be quite a stressful time. If you have a large family, some living out of town, I hope you have begun your holiday baking, sewing, buying - God bless you ! If you have no family – depression can set in with the king Elvis's **Blue** Christmas. You just can't win!! Truly, you can't. Take a cruise \$\$\$\$, go to the theater \$\$\$, buy something to make you happy \$\$\$. Sooo . . .

It is necessary that you try to keep in your heart and in your mind that the most glorious gift that we have been given is precious time. Our retirement years have been well earned !! 30+ years in a classroom of children - yikes, yes we did this. These years are behind us and I hope you have many happy times to remember. NOW it is our turn ! TIME to sleep in and

watch the early shows with a second cup of coffee (truly glorious). Time to visit with guy friends for a cup of joe in the morning as others are rushing out the door for work.

Time with girl friends for a movie and lunch. Time to talk about whatever – but not school ! Time to catch up with old friends and make some new ones. Maybe time to learn a new language, take an art class, learn a new skill or craft. Is she nuts???, you may be saying – NO NO No. Keep moving. Keep busy. Love this time you have. Time is your glorious gift !

God bless. See you at our **December Luncheon**. I promise that Elvis will not be there playing **Blue** Christmas !!



Dotty Olds, President



Mindy Howell, Wendy Bishop, Sandy Wood, Patricia Early, and Lillian Shroads enjoying our Fall Luncheon

**Luncheons for
2012 - 2013**

Monday, December 3
River House at Easton
Club

Monday, March 11
Chef Cooking Class @
EHS

Thursday, June 6
Chesapeake Landing

**Executive Board Meeting
Dates**

Feb. 4, 2013

May 6, 2013

TCEC @ 9:30 a.m.

**All TCRSPA members are
invited to attend.**



Stuart Tucker, the new MRSPA President, with Executive Director Judy Zahren and Mary Reeser at our fall luncheon

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Sunshine Committee

submitted by Jan Middleton

Greetings,
Here's hoping everyone stayed safe and sound during
Hurricane Sandy; what an adventure that was!

In October the following people were sent "a ray of
sunshine" ~

Marian Miller and Doris Roach were sent get well cards.
Jennifer Wheeler and Shari Powers were sent thinking of you cards.
Liz Haslup and Scott Kilmon were sent sympathy cards.

If you know of anyone who needs " a ray of sunshine,"
call Jan at 410-822-7280.

"Start every day off with a smile and get it over with."
W.C. Fields

Life After Retirement: Edith Hayman

by Chic Harrison

“Edie” was born in Easton, MD, and as a youth she joined the Asbury Methodist Church. She graduated from Robert Russa Moton High School and the University of Maryland, Eastern Shore (Maryland State college then). She pursued graduate studies at the University of Maryland at College Park, Salisbury University and Trinity College.

At Asbury Methodist Church, she was a teacher in the church school, sang with the choir, was chairperson of the administrative council as well as of the Food Pantry, and was a member of United Methodist Women.

Edie was a longtime employee of TCPS, teaching in the Special Education Department. She has a big family - two daughters, two stepdaughters, six grandchildren, and seven great grandchildren! Her husband Charles is deceased. Besides being the caring matriarch of this loving clan, she is a very busy lady in her community.

Perhaps most importantly, since 1997 Edie has served as a trained Court Appointed Special Advocate volunteer, working with children under court protection. She says she grew up with lots of community support herself and works for CASA, in her words, “to give back to the children of this generation.” She also encourages others to get involved with CASA.

Edie is a member of many organizations as well. She is very active in the Cambridge Alumni Chapter of Delta Sigma Theta Sorority, Inc. She also belongs to the Eastern Star Lodge - Fellowship Chapter #58, the Talbot County AARP, the Talbot County A.R.P., and our TCRSP.

Other volunteer activities include the Easton Memorial Hospital Auxiliary, where she works at the gift shop and breast center. Weekly she serves lunches to shut ins for the Talbot County Hunger Coalition, and she is a CASA volunteer for both Talbot and Dorchester Counties.

A busy lady indeed!

TCRSPA Holiday Luncheon

Date: December 3, 2012
Place: The River House at Easton Club, main building
Time: 11:30 a.m. Check In and Welcome by Dotty Olds
11:45 a.m. Remembrance Memorial
12:00 p.m. Luncheon

Our guest for the luncheon will be Katie White,
"Talbot County Teacher of the Year."

Menu: **Garden Salad with Assorted Dressings**
Choice of One Entrée with Sweet Rolls and Butter:

Grilled Chicken Breast with Sundried Tomato Sauce, Steamed Vegetables and Baked Potato/Sour Cream

Broiled Crab Cake with Dijon Sauce on the side, Steamed Vegetables and Baked Potato/Sour Cream

Shrimp Marinara with Winter Vegetables over Angel Hair Pasta

Choice of One Dessert:

Fudge Brownie Sunday with Scottish Highland Vanilla Bean Ice Cream

Fresh Fruit Plate

Beverages: Coffee or Tea

Cost: \$ 17.00

Door Prizes will be given out at the luncheon. Remember if you won a door prize at the October Luncheon, please refill the bag with a small gift and bring it to this luncheon. There will also be a 50-50 Raffle.

Telephone Tree: Please make your calls to remind members to make their reservations by November 28, 2012.

Please call or mail reservations by Nov. 28, 2012 to:

Mary E. Reeser Tel. # 410 822 4410
358 St. Aubins Terrace
Easton, MD 21601

Chic Harrison Tel. # 410 822 1209
29300 Will Street
Easton, MD 21601

Summary of Life

GREAT TRUTHS THAT LITTLE CHILDREN HAVE LEARNED:

- 1) No matter how hard you try, you can't baptize cats.
- 2) When your Mum is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit her back. They always catch the second person.
- 4) Never ask your 3-year old brother to hold a tomato.
- 5) You can't trust dogs to watch your food.
- 6) Don't sneeze when someone is cutting your hair.
- 7) Never hold a Dust-Buster and a cat at the same time.
- 8) You can't hide a piece of broccoli in a glass of milk.
- 9) Don't wear polka-dot underwear under white shorts.
- 10) The best place to be when you're sad is Grandma's lap.

GREAT TRUTHS THAT ADULTS HAVE LEARNED:

- 1) Raising teenagers is like nailing jelly to a tree.
- 2) Wrinkles don't hurt.
- 3) Families are like fudge...mostly sweet, with a few nuts.
- 4) Today's mighty oak is just yesterday's nut that held its ground.
- 5) Laughing is good exercise. It's like jogging on the inside.
- 6) Old age is when you choose your cereal for the fiber, not the toy.

THE FOUR STAGES OF LIFE:

You believe in Santa Claus.
You don't believe in Santa Claus.
You are Santa Claus.
You look like Santa Claus.

SUCCESS:

At age 4 success is Not piddling in your pants.
At age 12 success is Having friends.
At age 17 success is . . Having a driver's license.
At age 35 success is Having money.
At age 50 success is Having money.
At age 70 success is Having a drivers license.
At age 75 success is Having friends.
At age 80 success is Not piddling in your pants.

Consumer Education

Submitted by Joyce Schriver

Here are some recent tips as reported in the MRSPA “Consumer Connection”:

Eating Out. More than 96% of restaurants entrees exceed USDA limits for calories, sodium, fat, and saturated fat in a single meal. Entrees at family-style restaurants have more calories, fat, and sodium than those at fast food restaurants.

Overdraft Protection. Major banks were charging a minimum penalty, but many are charging more. The use of ATM’s is going up as well as the fee to stop payment on a check or to close an account. Usually the bank that you deal with most often does not charge for these services if you keep a certain amount in your account.

Blueberries and Strawberries. They may prevent Parkinson’s disease. People who eat the berries two or more times per week are nearly 25% less likely to develop the disorder according to Xiang Gao, MD, PhD. The reason these berries are rich in anthocyanins – antioxidants that reduce inflammation and may prevent brain cell damage. Also blackberries, plums, Concord grapes and raspberries are rich in antioxidants.

Other news:

Support Group. The Shore Regional Cancer Center holds cancer survivors support group meetings at the Cancer Center in Easton. Call 410-820-6800 ext. 2257 for times and dates.

Stroke Support Group. The Talbot Senior Center holds stroke support group meetings. Please call 410-822 1000 for times and dates.

Useful Web Sites:

www.healthywage.com People who meet weight-loss goals may receive cash rewards.

www.safetravelUSA.com This site will give you wind, weather, and traffic conditions.

Community Service Committee



Many thanks to all members who donated food to the animal shelter. The food was delivered and greatly appreciated. At our December luncheon we will be collecting non-perishable food for the Neighborhood Service Center in Easton. If you have questions please call us.

Thanks,
Bennie Milton and Elois Brown
Bennie : 410-476-3734 Elois : 410-476-3574

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Membership Report

Our local TCRSPA is 138 members strong, but we would love to have more! Encourage others to join us. Our new members include Susan Divilio, Wendy Bishop, Mindy Howell and Sandy Wood.

Dotty Olds
Membership Chairman

TCRSPA
% Dotty Olds
7415 Tour Drive
Easton, MD 21601